

Silver Sneakers

JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO CLASSES	4 ● 10:15 am Line Dance	5 NO CLASSES	6 ● 10:15am Line Dance	7
10 ● 9am SS Classic	11 ● 10:15 am Line Dance	12 ● 9am SS Classic	13 ● 10:15am Line Dance	14
17 ● 9am SS Classic	18 ● 10:15 am Line Dance	19 ● 9am SS Classic	20 ● 10:15am Line Dance	21
24 ● 9am SS Classic	25 ● 10:15 am Line Dance	26 ● 9am SS Classic	27 ● 10:15am Line Dance	28

Preregistration is required for all Silver Sneakers classes.

Registration Process:

- Registration will open on the 3rd Monday of the month prior (June 17 for the July session) at 9 am.
- Johns Creek residents will have 3 days priority registration. Non-residents may register during this time and after 3 days will be moved onto the roster, if space allows.
- Registration will be accepted either In-person at Park Place, by email or phone call. No voicemail messages or email requests prior to 9 am on Monday morning will be acknowledged.
- Participants without Silver Sneakers coverage may still participate and must pay \$5 per class, pre-paid for entire session at time of registration.

These classes will have a MAXIMUM of 16 participants and pre-registration is required.

CLASS LOCATIONS:

- Park Place
- Amphitheater

To learn more about this and other senior programming please visit JohnsCreekGA.gov/recreationandparks/seniors.