

DECEMBER

Silver Sneakers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ● 9am SS Classic	3 ● 10:15 am Line Dance	4 ● 9am SS Classic	5 ● 10:15am Line Dance	6
9 ● 9am SS Classic	10 ● 10:15 am Line Dance	11 ● 9am SS Classic	12 ● 10:15am Line Dance	13
16 ● 9am SS Classic	17 ● 10:15 am Line Dance	18 ● 9am SS Classic	19 ● 10:15am Line Dance	20
23 NO CLASSES	24 NO CLASSES	25 NO CLASSES	26 NO CLASSES	27
30 NO CLASSES	31 NO CLASSES			

Preregistration is required for all Silver Sneakers classes.

Registration Process:

- Registration will open on the 3rd Monday of the month prior (November 18 for the December session) at 9 am.
- Johns Creek residents will have 3 days priority registration. Non-residents may register during this time and after 3 days will be moved onto the roster, if space allows.
- Registration will be accepted either In-person at Park Place, by email or phone call. No voicemail messages or email requests prior to 9 am on Monday morning will be acknowledged.
- Participants without Silver Sneakers coverage may still participate and must pay \$5 per class, pre-paid for entire session at time of registration.

These classes will have a MAXIMUM of 16 participants and pre-registration is required.

CLASS LOCATIONS:

- **Park Place**

To learn more about this and other senior programming please visit JohnsCreekGA.gov/recreationandparks/seniors.